

TALKING PAPER  
ON  
WINGMAN PLUS PROGRAM

PURPOSE

- Provide overview and implementation guidance for Wingman Plus (WP) program

PROGRAM DESCRIPTION

- Flexible, peer-to-peer support program that uses trained Airmen to provide support, enhance wingman culture, and promote early help-seeking behavior
- Appropriate for a range of scenarios including recent changes in behavior, significant life stressors, depression, and other risk factors that indicate the need for additional peer support
- Uses Squadron-level POC appointed by Commander due to evidence of resilient behavior, good coping and social interaction skills, and lack of current mental health concerns

IMPLEMENTATION

- Commanders appoint Squadron-level POC to coordinate the program and match peers to Airmen in need of support
  - POC identifies wingman volunteers based on gender, AFSC, other relevant factors
    - Wingman volunteer provides direct support on and off duty
    - Coordinates with Airmen and Family Readiness Center (AFRC) and Mental Health (MH) to obtain resources and training
    - Provides feedback to Squadron POC as indicated, while respecting privacy of Airman
    - WP POC and Wingman volunteers can function as liaisons for helping agencies

HIPPA CONCERNS

- There is no release of medical information through the WP program
- If safety information is disclosed to Squadron POC or Wingman volunteers, they coordinate referrals to appropriate agency